

# **An ideal individual jazz practice session**

*From Kim Richmond*

1. Long Tones
2. Scales/Arpeggios/Concepts (patterns)/ w/Metronome
  - half-step up, half-step down
  - whole-step up, whole-step down
  - minor 3<sup>rd</sup> up, minor 3<sup>rd</sup> down
  - major 3<sup>rd</sup> up, major 3<sup>rd</sup> down
  - etc.
3. ii-V's (& vocabulary learning)
4. Transcriptions – solos off of recordings
5. Tune learning
6. Free playing
7. Sight-reading (transcription books OK)
8. Listening